

GOOD SPORTS JUNIOR PROGRAM OVERVIEW



GOOD SPORTS JUNIOR - CREATING POSITIVE CLUB CULTURES

Local sporting clubs play a pivotal role in setting community standards of behaviour, the development of young people and preventing harm in our communities.

The young members of your club are learning the ropes and are influenced by everything they see and hear around the ground. The Good Sports Junior program has been developed to ensure your juniors enter safe, welcoming clubs with a positive culture. With Good Sports and the nib foundation, over 800 junior clubs across Australia are creating club cultures where healthy behaviours are promoted and encouraged.

BEING A GOOD SPORTS JUNIOR CLUB INVOLVES:

- Influencing role model behaviours within the club environment.
- Decreasing the visibility of alcohol at junior sports.
- Encouraging clubs to be completely smoke free.
- Assisting clubs to implement healthier canteen and BBQ options.
- Creating enjoyable playing experiences for juniors through positive sidelines.

INCREASE CLUB APPEAL

Your club will be more appealing to juniors and their parents which can lead to increased membership.

BUILD STRONGER NETWORKS

Your club will continue to develop stronger community networks which can lead to increased sponsorship opportunities.

ACCESS SUPPORT

We know you are busy, so we are here to coach you through every step of the process - to make sure your club will be the best it can be.



For more information, visit:
goodsports.com.au

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ABOUT THE PROGRAM

We are here to coach you to be a Good Sports club, so take it at your own pace and let us know how we can help. To get you started, here are the four focus areas of the program:

ALCOHOL

- Make junior competitions alcohol free zones.
- Ensure logos on club apparel aren't alcohol related.
- Choose alternatives to alcohol as gifts or prizes.

SMOKING

- Adhere to the legislation around smoking.
- Ensure your designated smoking area is out of sight of juniors.
- Commit to becoming a smoke-free zone.

NUTRITION

- Promote water as your club's 'beverage of choice'.
- Provide information to parents about healthy eating.
- Promote and provide healthy eating options.

CONDUCT

- Comply with the Working with Children check laws.
- Members agree to club code of conduct.
- Promote spectator behaviour values.

Being involved in sporting clubs can help juniors develop many life skills while also providing significant physical, emotional and social benefits. By taking part in Good Sports Junior, clubs are doing their bit to create more enjoyable experiences for juniors which will encourage kids to stay in sport longer - everybody wins!



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